

# Wanganui respite

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## A letter from Bruce...

Hi, my name is Bruce. I recently had a two night stay at Pathways Wanganui respite. During this time I was made to feel welcome and I enjoyed the company of other guests and staff.

I liked the surroundings and talking with people in the garden area. The staff were approachable and friendly and made me feel welcome.

It was nice to experience a home cooked meal prepared by the staff instead of the meals on wheels I usually have.

I experienced staying in a double bed which was something I hadn't done in a number of years. The bathroom shower had great water pressure too.

It was reassuring for me to know that the Mental Health Assessment and Home Treatment Team would be visiting me twice a day as I am very familiar with those people.

I was only there for two nights and I felt I wasn't quite ready to go home; however, reassurance and confidence were installed in me by the staff. This has meant I have continued to maintain my wellness and access many activities in the community that I have not had the confidence to access for quite some time.

Thank you Pathways.

*Bruce Devany*

