

Reconnected

Donna has reconnected with her long-lost daughter.

When Donna started using Pathways' services in 2004 she felt alone and isolated. All the family she knew had passed on. She was partially sighted and experiencing anxiety, depression and some serious physical conditions.

Donna was living in a two storey home which intensified her daily challenges so Pathways supported Donna to find a new home. She's now living in a pensioner's flat in a small Hauraki town, where she is near people she knew as a child.

She enjoys the company of friends, but for Donna it was reconnecting with long lost family that really made the difference in her recovery journey. As a young woman aged 23, she was traumatised by being forced to hand over her baby at birth. With Pathways' support Donna made contact with the daughter she hadn't seen in many years. Her name is Rosemary and she lives in Australia.

Her daughter's adoptive parents had passed away many years earlier and she was delighted to find her real Mum. They now speak frequently over the phone and visit each other as often as possible.

Reconnecting with family and friends and developing strong connections has been of huge significance for Donna. She has a great relationship with her daughter and feels that with her support she can face her daily challenges.

