

Information for people working in Wairarapa mental health and addiction services

You may have heard that there are to be some changes in the way mental health and addiction services are delivered in Wairarapa.

Following a formal tender process, Pathways, in partnership with CareNZ, has been selected by the Wairarapa District Health Board to deliver a new model of community-based mental health and addiction services.

This factsheet is a general resource designed for anyone currently working in mental health and addiction services in the region. It gives some information on Pathways and CareNZ, explains the new service and talks about options for employment within the new service.

This information is not intended to take the place of conversations with your current employer. Please talk to your employer to find out how the changes in service delivery might directly affect you.

One assessment, one record, one service

From 1 November 2011, support and treatment for people who need both mental health and addiction services will be available from a single point in the community. This is the first time this service has been offered in New Zealand.

When it comes to mental health and addiction, Pathways believes 'any door is the right door'. In other words, it doesn't matter whether a person comes to us for support and treatment for addiction, for mental health, or both; they'll be in the right place.

What exactly will be offered?

Pathways and CareNZ will offer the following services in Wairarapa:

- mobile support services
- addiction clinical services
- detoxification
- addiction intensive outpatient services
- methadone treatment services
- employment facilitation
- housing facilitation and support
- residential care.

All services except residential care will be delivered from a central hub in Masterton.

Who will deliver this new service?

Pathways and CareNZ will deliver this service together. Pathways and CareNZ have worked closely together for many years on systems development and projects, as well as providing shared support to people with mental health and addictions issues on an individual basis. The two organisations share core values: both are committed to putting the specific needs of the people who use services at the centre of their work.



Pathways is New Zealand's largest provider of community-based mental health and wellness services. For 22 years, we have been supporting people to live well and be part of the communities of their choice by providing a range of support services around employment, housing, practical daily living and being healthy.

Pathways is dedicated to doing whatever it takes to create mental health and wellbeing opportunities to enable people to live their dreams and flourish.

CareNZ helps people – and the people who love them – who are struggling with alcohol and/or drug abuse problems to change their lives for the better. CareNZ is the delivery arm of the New Zealand Society on Alcohol and Drug Dependence (NSAD), an organisation which has been restoring hope, healing and health to people affected by addiction to alcohol and other drugs since 1954.

Will staff of existing service providers have the opportunity to apply to work for us?

Yes. If you are employed by a current provider of mental health or addiction services in Wairarapa, we will guarantee you an interview if you apply for a position with Pathways or CareNZ. We want to hear from anyone who shares Pathways' and CareNZ's recovery-oriented 'whatever it takes' approach.

For you, this is an opportunity to join leading national community-based organisations.

For us, this is a great opportunity to bring on board people who have their roots and their relationships in Wairarapa. Your connections within your community and your established professional relationships are important to us. We look forward to meeting you and hearing about them first-hand.

Please keep an eye on www.seek.co.nz, www.trademe.co.nz/jobs and local newspapers for our recruitment advertisements. All positions will be advertised by 10 September 2011.

How do I get more information?

In the first instance, you should talk to your employer about how you might be directly affected by changes in the delivery of mental health and addiction services in Wairarapa.

The Wairarapa District Health Board, Pathways and CareNZ have also put together full information packs outlining the change to services.

To receive an information pack, please email contactus@pathways.co.nz, including a postal address.

Alternatively, visit www.pathways.co.nz or www.carenz.co.nz for general information; or phone or email for specific Wairarapa information. We understand that change can be unsettling, so there will always be someone available for you to contact if you have any questions or concerns.

Please contact:

Paul Ingle, chief executive, Pathways: 027 274 2576

Michelle Glenny, transitional regional manager, Pathways: 027 272 6990

Tim Harding, chief executive, CareNZ: email tim.h@carenz.co.nz

We look forward to hearing from you.

