

Mental health and addiction services in Wairarapa are changing

Pathways, in partnership with CareNZ, is delighted that the Wairarapa DHB has selected us to deliver a new model of community-based mental health and addiction services in Wairarapa, following a tender process.

A little about us

Pathways is New Zealand's largest provider of community-based mental health and wellness services. For 22 years, we have been supporting people to live well and be part of the communities of their choice by providing a range of support services around employment, housing, practical daily living and being healthy.

Pathways is dedicated to doing whatever it takes to create mental health and wellbeing opportunities to enable people to live their dreams and flourish.

CareNZ helps people – and the people who love them – who are struggling with alcohol and/or drug abuse problems to change their lives for the better. CareNZ is the delivery arm of the New Zealand Society on Alcohol and Drug Dependence (NSAD), an organisation which has been restoring hope, healing and health to people affected by addiction to alcohol and other drugs since 1954.

Pathways and CareNZ will deliver this service together. Pathways and CareNZ have worked closely together for many years on systems development and projects. The two organisations share core values: both are committed to putting the specific needs of the people who use services at the centre of their work.

What have we been asked to do

From 1 November 2011, support and treatment for people who need mental health and/or addiction services will be available from a single point in the community.

Pathways and CareNZ will offer the following services in Wairarapa:

- mobile support services
- addiction clinical services
- detoxification
- addiction intensive outpatient services
- methadone treatment services
- employment facilitation
- housing facilitation and support
- residential care.

All services except residential care will be delivered from a central hub in Masterton.

When it comes to mental health and addiction, Pathways believes 'any door is the right door'. In other words, it doesn't matter whether a person comes to us for support and treatment for addiction, for mental health, or both; they'll be in the right place.



How do I get more information?

The Wairarapa District Health Board, Pathways and CareNZ have put together full information packs outlining the change to services.

To receive an information pack, please email contactus@pathways.co.nz, including a postal address.

Alternatively, visit www.pathways.co.nz or www.carenz.co.nz for general information; or phone or email for specific Wairarapa information. We understand that change can be unsettling, so there will always be someone available for you to contact if you have any questions or concerns.

Please contact:

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