

## Mental health and addiction NGO services in Wairarapa are changing

As you are aware, there are to be some changes in the way mental health and addiction NGO services are delivered in Wairarapa.

Following a formal tender process, Pathways, in partnership with CareNZ, has been selected by the Wairarapa District Health Board to deliver a new model of community-based mental health and addiction NGO services.

We look forward to working in partnership with clinical teams in Wairarapa.

### One assessment, one record, one service

From 1 November 2011, support and treatment for people who need both mental health and addiction NGO services will be available from a single point in the community. This is the first time this service has been offered in New Zealand.

When it comes to mental health and addiction, Pathways and CareNZ believe 'any door is the right door'. In other words, it doesn't matter whether a person comes to us for support and treatment for addiction, for mental health, or both; they'll be in the right place.

### A little about us

Pathways and CareNZ will deliver this service together. Pathways and CareNZ have worked closely together for many years on systems development and projects, as well as providing shared support to people with mental health and addictions issues on an individual basis. The two organisations share core values: both are committed to putting the specific needs of the people who use services at the centre of their work. Pathways is New Zealand's largest provider of community-based mental health and wellness services. For 22 years, we have been supporting people to live well and be part of the communities of their choice by providing a range of support services around employment, housing, practical daily living and being healthy.

Pathways is dedicated to doing whatever it takes to create mental health and wellbeing opportunities to enable people to live their dreams and flourish.

CareNZ helps people – and the people who love them – who are struggling with alcohol and/or drug abuse problems to change their lives for the better. CareNZ is the delivery arm of the New Zealand Society on Alcohol and Drug Dependence (NSAD), an organisation which has been restoring hope, healing and health to people affected by addiction to alcohol and other drugs since 1954.

### Our approach

Pathways' approach to the new Wairarapa mental health and addiction service is very much aligned with the triple aim of providing services which make the most difference to health overall; in ways which provide the best possible experience for the person using services; and that are provided in the most cost effective and efficient manner.



We know that effective implementation of this service will require collaboration and the development and maintenance of strong partnerships. We look forward to working closely with you to improve access to services, to ensure people accessing services see the right person, in the right place, at the right time.

## What exactly will be offered?

Pathways and CareNZ will offer the following services in Wairarapa:

- mobile support services
- addiction clinical services
- detoxification
- addiction intensive outpatient services
- methadone treatment services
- employment facilitation
- housing facilitation and support
- residential care.

All services except residential care will be delivered from a central hub in Masterton. This service hub will be able to expand to include specialist or primary care services if this opportunity arises under Tihei Wairarapa.

## The transition process

Pathways and CareNZ will meet with current providers to discuss a process that will ensure people using services receive the best possible support during the transition period. We also look forward to meeting with you to talk more about our services and to commence development of a collaborative working relationship. We will be making contact with you and arranging times to meet during September.

## Further information

The Wairarapa District Health Board, Pathways and CareNZ have put together full information packs outlining the change to services.

To receive an information pack, please email [contactus@pathways.co.nz](mailto:contactus@pathways.co.nz), including a postal address.

Alternatively, visit [www.pathways.co.nz](http://www.pathways.co.nz) or [www.carenz.co.nz](http://www.carenz.co.nz) for general information; or phone or email for specific Wairarapa information.

Please contact:

Paul Ingle, chief executive, Pathways: 027 274 2576

Michelle Glenny, transitional regional manager, Pathways: 027 272 6990

Tim Harding, chief executive, CareNZ: email [tim.h@carenz.co.nz](mailto:tim.h@carenz.co.nz)

We look forward to hearing from you, and to meeting with you soon.

