

Project Patch

Who is Pathways?

Pathways is a leading national provider of community-based mental health and wellness services. Currently operating across eight regions of New Zealand, we provide a range of holistic support services around housing, practical daily living, employment and being healthy.

What is Project Patch?

Project Patch is a nationwide Pathways initiative which gives people using our services the opportunity to start their own veggie gardens. It's an extension of Pathways' Healthy Lifestyle Programme, which supports people to make positive, healthy lifestyle choices as part of focusing on holistic health.

Essentially there are two parts to Project Patch – gardening and eating! We're currently installing vegetable planters at all Pathways properties around New Zealand. We're also providing people with seedling and gardening kits.

Once vegetables are ready to eat, Pathways will bring in cooks to demonstrate easy and delicious ways of preparing them! They'll also work with people to develop a healthy meal plan using their freshly grown veges.

Why Project Patch?

We care – in the good times and the tough times! The idea for Project Patch came about as a result of the current recession. We've all seen many families, individuals and organisations under increasing financial stress. We wanted to do something practical to support the people using our services to make their money go further – especially the weekly shopping bill.

Who is involved?

There are currently more than 200 people using our residential services involved in Project Patch nationwide. We expect that number to more than double when the initiative is offered to people using our mobile services.

How can I support Project Patch?

We appreciate the support of the community in backing Project Patch. By supporting this project and becoming a 'Friend of the Patch' you'll help people become more self-sufficient in what is a tough time for everyone.

We really value all of our support and like to acknowledge this by mentioning it in Project Patch newsletters and on our Project Patch intranet site.

To find out more about becoming a Friend of the Patch email projectpatch@pathways.co.nz.

